

NOTES:

- this is simple exercise to build up strenght/stamina **on inner mallets with cross grip** whilst working on scales
- use a slow metronome, for the whole measure (example: semibreve = 20-40), inspired on Jeffery Davis's "slow metronome method"!)

1. Play as written, all major and minor scales
2. Go up chromatically, 4th, 5th, whatever...
2. Place accent on stationary mallet, all the way up and down
3. Place accent on moving mallet, all the way up and down
4. Strike bars at center or off center, no edges!

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Marimba

2 3 2 3 2 3 2 3 sim.

Mar.

Mar.